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## INCENTIVE PROGRAM

We are launching a new incentive program for participants in the study. Quarterly draws will start this September. One participant from each site will win a \$25 gift card.

To announce the incentive program we will send sites stickers to add to the current recruitment flyers. The information will also be available on the website and we will add the details to the consent form.

### QUESTIONS:

Contact Lisa Patterson at  
[pattersl@hhsc.ca](mailto:pattersl@hhsc.ca)

## Message from Norm Buckley and Ramesh Zacharias



Canadians will soon be able to legally purchase cannabis for recreational use. But, despite its impending widespread availability, there's very little known about the long-term physical, psychological and social effects of cannabis, leaving the medical community at odds with the drive to legalize the drug.



With your help we are establishing "DataCann", or Cannabis Consumption and Study. This will be a large database to inform knowledge and use of cannabis in clinical settings. It has been made possible through a collaboration amongst the DeGroot Pain Clinic at Hamilton Health Sciences, the Michael G DeGroot Institute for Pain Research and Care at McMaster University, the CIHR funded Chronic Pain Network's Clinical Research Network, and the Centre for Medical Cannabis Research at McMaster. As you will see in the chart (pg 2), clinics across the country are participating in the identification and enrollment of patients using cannabis for medical purposes.

As data is compiled, researchers can begin to look for answers around who's using medical cannabis and why, the benefits and risks, the specific compounds used, the impact on healthcare resources, and the needs for further education. Ultimately the hope is that the data collected will inform healthcare guidelines and prescribing practices to ensure optimal outcomes for patients.

"This database will give us the opportunity to explore a lot of unanswered questions around the medical use of cannabis. We need to know who benefits from cannabis and why to ensure we can provide the most appropriate treatment plans to patients. More importantly, we need to know if there are any long-term risks", says Dr. Ramesh Zacharias.

We have enrolled our first 54 participants from 16 sites across the country - our goal is to recruit at least 1000 participants in the first year. Participants complete an online survey at registration and at four, eight and twelve months, then every six months thereafter for five years. Follow up after that time will depend upon our findings and the availability of funding support.

"We have the potential to create the largest medical database on cannabis," says Dr. Zacharias. "Not only does it give us a strong starting point, but it will provide the foundation upon which to conduct more research in the years to come."

## GET TO KNOW OTHERS ON THE TEAM—TORONTO POLY CLINIC



The Toronto Poly Clinic was established in 2001 with the whole person philosophy of medicine in mind. Chronic Pain is a condition that affects many aspects of a patient's life like activities of daily life, sleep, mood, ability to work, family and social activities. This is why the clinic is Multi-Disciplinary to take care of all aspects of pain. For more information go to: <http://www.torontopolyclinic.com>.

Dr. Kevin Rod is a Certified Family Physician with focused practice in Pain Management. He is a community clinical teacher and lecturer with the University of Toronto department of Family and Community Medicine. He is a course contributor to the Harvard Medical school department of post graduate studies continuing medical education and the medical director of Toronto Poly Clinic multi-disciplinary pain clinics. Dr. Rod has acted as the credentialing Chair of the Canadian Academy of Pain Management, Vice Chair of Ontario Medical Association section of chronic pain

and Assessors Team Lead for the College of Physicians and Surgeons of Ontario in Pain Medicine. His focus of research is developing new medication and medical devices.

Dr. Rod has extensive experience in the areas of education, clinical practice and research on medical cannabis. He has developed the Medical Cannabis Opioid Reduction Program (MCORP) and an online patient self-management and mental wellness platform called ZENDOSE. For the last 12 years, Dr. Rod has been the author of a patient education blog called mypain.ca, a platform for his passion about patient self-management. Dr. Rod has received Awards of Excellence from the College of Family Physicians of Canada and the University of Toronto for his teaching and clinical practice. He is a recipient of a Certificate of Recognition on behalf of the Prime Minister of Canada for his contributions to Canada's education and pluralism. Dr. ROD is the medical director of Asterion Bio Med with the focus of research and development of new formulations and products in the medical cannabis field.

### Recruitment Status

Site Name	Team Members	Recruitment
Boris Clinic, Hamilton, ON	Dr. Mona Sidhu	0
Chronic Pain Management Clinic, Surrey B.C.	Dr. Aaron MacInnes, Jessie Dhillon	3
Dalhousie University, IWK Health Centre, Dalhousie, NS*	Dr. Mukhida, Adena Cox	0
Greenleaf Medical Clinic, Langley B.C.	Dr. Caroline MacCallum, Jessie Dhillon, Fonda Betts	4
Hotel Dieu Hospital Site Chronic Pain Clinic, Kingston, ON*	Dr. Scott Duggan, Dr. Etienne Bisson	0
Michael G. Degroote Pain Clinic, Hamilton, ON	Dr. Zacharias, Dr. Buckley, Dr. Hatcher, Vikas Parihar, Anna Rogers, Lisa Patterson, Salma Elmansy	31
Multidisciplinary Pain Clinic, Edmonton, AB	Dr. Bruce Dick	0
Seniors Health Centre, Orillia, ON	Dr. Mona Sidhu	0
Sethi Cannabis Clinic, Burlington ON	Dr. Jagmeet Sethi	0
SJCG, Chronic Pain Management Centre, Thunder Bay, ON	Dr. Bryan MacLeod	0
Shelley Turners Cannabis Clinic, Thunderbay,, ON	Dr. Shelley Turner	2
Shelley Turners Cannabis Clinic, Winnipeg, MB	Dr. Shelley Turner	1
St. Joseph's Healthcare Pain Clinic, Hamilton, ON	Dr. Harsha Shanthanna, Cathy Page	0
The Ottawa Hospital Pain Clinic, Ottawa, ON	Dr. Patricia Poulin, Danielle Rice	0
Toronto Poly Clinic, Toronto, ON	Dr. Kevin Rod, Ebby Farzandeh	7
Winnipeg Health Sciences Centre, Winnipeg, MB*	Dr. Renée El-Gabalawy, Kayla Kilborn	0
Other	Recruited from friend, Brain Injury Conference, etc.	6
<i>*Site pending start-up</i>	<b>Total</b>	<b>54</b>

## Committee Updates

### TRENDS AND REPORTING COMMITTEE

We plan to do a review of the data once recruitment reaches 150 participants. We will arrange a meeting to discuss trends and consider the reports that the committee feels are important to have on a regular basis in order to determine if we need to revise our survey questions. Once we reach 100 participants those who indicated they would like to be a member of this committee will be asked to attend this meeting. Li Wang, the DataCann statistician will take the information from the meeting and prepare draft reports. Once we reach the target of 150 participants she will run the reports. We will then schedule a meeting to review the data reports and make plans to address any concerns.

### ELEARNING COMMITTEE

MEETING SCHEDULED FOR JULY 4th, 2018 at 4pm 5:30. WebEx details and teleconference line dial-in will be sent prior.

A significant aspect of DataCann is the creation of e-learning modules to provide patients with information to guide their medical use of cannabis. These are based upon in person education sessions which have been developed and presented over the past year at the DeGroot Clinic. With the help of Ilana Bayer (Director of Learning Technologies, McMaster) and Marg Leyland (Instructional Designer) we have taken an exciting new approach to developing our on-line eLearning modules for participants in DataCann. Ilana is taking us through a research based Design Thinking process to ensure we develop patient based learning modules.



### JOIN A COMMITTEE

If you would like to be on a DataCann committee and have not yet indicated your interest please email Lisa Patterson.

### DataCann.mcmaster.ca NEEDS YOU

When you have a moment we encourage you to visit the DataCann website and provide any ideas or suggestions you have for improvement. Please contact Lisa Patterson with any suggestions.



## Knowledge Translation Activities

Below is a list of DataCann presentations. If you would like to present on DataCann please contact Lisa Patterson who will provide you with the DataCann presentation template and add your presentation to the list.

- Veterans Affairs Presentation, WebEx for Regional Offices, North Bay, Ontario, Sept 2017
- 11th Annual McMaster Pain Program, Hamilton, Ontario, Sept 20th, 2017,
- Innovations in the Science of Cannabis, Centre for Medical Cannabis Research, Hamilton, Ontario, Feb 2018
- 25th Annual Conference on Neurobehavioural Rehabilitation in Acquired Brain Injury, Hamilton, Ontario, May 2nd—4th, 2018
- Veterans Affairs Canada Health Professionals Training, Ottawa, Ontario, May 14th-16th 2018
- Veterans Affairs London Regional Office, London, Ontario, May 22nd, 2018
- Veterans Affairs Hamilton Office Meeting, Hamilton, Ontario, Nov 29th, 2017
- Community Psychiatry Rounds, Lunch and Learn at St. Joseph's Healthcare, Hamilton, Ontario, June 5th
- Veterans Affairs, Sydney and Halifax Office Meeting, Halifax Nova Scotia, June 21, 2018